Sept 1, 2012

Race Start and Finish:

Corner of 4th Street and St. Joseph St in downtown

Wathena, Kansas

For more information call:

(816) 273-3098

Start Times:

5k/10k: 8:00a

Kids fun run: 8:30a

Proceeds to benefit FCA and the sporting activities at local high schools.

Entry Fees:

5k -- $20
10k -- $22
Kids Fun Race (1 Mile) – Free!!

Checks payable to: Wathena FCA

Course: Fairly flat 5k, Rolling to Moderate Hills on 10k (alternate course may be ran depending on river level)

Awards: Top Male and Female overall in 5k and 10k, plus medals to top three in each age group. Participant medals for fun run.

All results will be available at:
www.runningforthefuture.com

Online Registration Available at www.runningforthefuture.com

T-Shirts will be included with entry fee.

Entry Form

Name: _____

Age: _____ **Sex: M or F**

Phone: _____

Address: _____

City:_____**St:**____**Zip:**_____

Age Group: 5-9 10-19 20-29 30-39 40-49 50-59 60-69 70 and above

Race: 5k 10k Kids Run

Email Address: _____

Shirt Size: XS, S, M, L, XL, XXL, XXXL

Waiver: I know that running/walking in a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking in the RUNNING FOR THE FUTURE "CYCLONE" WALK/RUN on SEPT 3, 2011, including but not limited to falls, contacts with other participants, the effects of the weather including high heat and/or humidity, low temperature, traffic and conditions of the road, all risks being known and appreciated by me.\Having read this release and knowing these fact sand in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf or on behalf of my estate, waive and release JIM CERA, CURTIS KRUSE, CITY OF WATHENA, RIVERSIDE USD 114 and all sponsors of the race, any other persons assisting with the race, the officers, board members, agents, servants, employees, and their successors and assigns of each and every of the above from all claims or liabilities of any kind arising out of my participation in the run/walk even though the liability may arise out of negligence or carelessness on the part of the persons referred to in this waiver. I also realize that in the event of cancellation for any reason outside of above listed persons' control, there will be no refund of entry fees.

Signature: _____Date: _____

Parent Signature (if under 18):

_____

Running for the Future
c/o Riverside Schools FCA – Jim Cera
PO Box 38
Wathena, KS 66090

Wathena, KS

Sept 1, 2012

Presented by:

Thanks to our sponsors:

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